

# The Monthly Clover

"I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service and my **HEALTH** to better living for my club, my community, my country and my world..."



Volume 2, Issue 10

## "H" Spotlight: HEART

### NURTURING RELATIONSHIPS

Ways to Nurture Your Relationships



**KIND, CONSTANT and HONEST COMMUNICATION**  
Without talking, your friendships will not survive...

**WILLINGNESS TO WORK THROUGH DIFFICULTIES and DISAGREEMENTS**

Throwing in the towel is not the path to happiness...

**A SENSE OF HUMOR and SOME FUN**

Discuss what you like to do and how you like to have fun. Then, go do it!

**SHARE LIFE LESSONS**

When you discover something about life, share it...

**EMOTIONAL SUPPORT, VALIDATION and COMPLIMENTS**

Lift your friends up and let them know you care for and support them...

**COMPASSION, ACCEPTANCE and FORGIVENESS**

Your friendships will have challenges, but weathering the storms together is a big part of what lasting friendships are all about...

**MUTUAL DESIRE TO STEP OUTSIDE OF THE BOX**

Friends who share new experiences together develop a stronger bond...

**ADMIT MISTAKES and TALK ABOUT THEM**

We all make mistakes. Learning to understand and let go of mistakes is a major part of friendships.

**SHARING GOALS and DREAMS**

We are happier when we are working toward a goal together.

## Agent's Clover

Tractor Supply stores in communities across the country have long supported 4-H Clubs, and now, Tractor Supply Co. has entered into an official partnership with the National 4-H Council as a source of 4-H Project Supplies.

This means that Tractor Supply will help raise money for county 4-H programs, as with the Paper Clover Campaign, a national in-store fundraiser that benefits state and local 4-H programming. The Fall 2014 Paper Clover Fundraiser is scheduled for October 8<sup>th</sup> through 19<sup>th</sup>, 2014. Invite friends and family to support 4-H by donating \$1 at checkout when they are done shopping. 100% of each dollar goes to 4-H. 70% of all funds collected support state and local 4-H programs in North Carolina and Orange County.



## SAFE KIDS WORLDWIDE HALLOWEEN SAFETY TIPS



crosswalks... • Put electronic devices down and keep heads up and walk, don't run, across the street. • Always walk on sidewalks or paths. • Teach children to make eye contact with drivers before crossing in front of them. • Trick or Treat with an Adult. • Keep Costumes both creative and safe. • Have kids carry glow sticks or flashlights to help them see and be seen by drivers. • Drive extra safely on Halloween. • Popular trick-or-treating hours are 5:30pm to 9:30pm, so be especially alert for kids during those hours.

## UPCOMING EVENTS

### CARWASH & BAKE SALE FUNDRAISER

Tractor Supply Co.  
1701 NC Highway 86 S  
Hillsborough, NC 27278  
October 18<sup>th</sup>, 2014  
9am – 12pm

We're inviting all Orange County 4-H'ers and volunteers to come and help out at our 2<sup>nd</sup> annual Carwash and Bake Sale at the Tractor Supply Co. in Hillsborough. Donations will be accepted to enhance programming and club initiatives in Orange County. 4-H youth and volunteers that come out to participate in the fundraiser for at least an hour will receive a ticket to the NC State Fair if they **sign-up via the Sign Up Genius by Monday, October 15<sup>th</sup>**. <http://www.signupgenius.com/go/10c044faaac28aafd0-tractor>. Attendees are encouraged to wear the Orange County 4-H shirt or other 4-H attire.

### RONALD McDONALD HOUSE OF DURHAM

506 Alexander Avenue  
Durham, NC 27705  
December 3<sup>rd</sup>, 2014  
3pm – 8pm

The County Council of Orange County has chosen to volunteer at the Ronald McDonald House of Durham on Wednesday, December 3<sup>rd</sup> after the Early Release. They will prepare and serve a home-cooked meal for families staying at the house. They are inviting their fellow 4-H'ers and families to join them in this endeavor. If you would like to participate, please contact the 4-H Agent. "I pledge...my HANDS to larger service..."

4-H is a **community** of **young people** across America who are learning **leadership, citizenship** and **life skills.**



### Orange County 4-H

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