



North Carolina 4-H Achievement Plan



NAME _____ DATE OF BIRTH _____

Address _____

_____ ZIP _____

Name of Club _____ Years in Club _____

Parent/Guardian Name _____

Do you set goals for yourself or do others set them for you? How do you feel when you accomplish something? Does what you accomplish make a difference to you? How can you plan and work to do a better job of meeting your goals? When you reach a goal, and feel some satisfaction in reaching that goal, does this help you set new goals? What if you are not quite satisfied with your accomplishments? How can you get the most out of 4-H and receive satisfaction for your goals?

The 4-H Achievement Plan will help you with these things. It will help in:

1. Setting your goals and making plans to reach them.
2. Enriching your 4-H program as you grow.
3. Evaluating your own efforts and accomplishments and by taking a look with your leader as to how well you have met your goals.
4. Reaching more of your goals.
5. Setting new goals that will help you grow and develop your skills and personality.

To be successful your plan will require loyalty to your 4-H club, your county, state, nation, and world. Service to others is very important. Creativity, responsibility, and leadership will be required. The satisfaction you feel for your job well done will make it all worthwhile.

Planning – To achieve your highest goals, plan your 4-H participation and set your goals at the start of your year or immediately after achieving a lower level. Use this achievement form to talk with your family and 4-H Leaders. Ask their advice in helping to set your goals and to help you accomplish them.

Directions:

1. Check the suggestions in the "Planned" column that you plan to accomplish.
2. Fill out the "Date Accomplished" column when you complete a requirement.
3. Check the highest award listed below for which you are applying.
4. Turn this in to your 4-H leader when you meet the minimum requirements for a Level.
5. Only one level may be reached each year in 4-H
6. You may begin the Achievement Plan at any time in your 4-H career. You must be 9 years old to begin the Green Clover Award. It may take more than 1 year to finish a level.

4-H'ers who strive and excel in improving themselves, their clubs, and their communities shall be given appropriate awards as follows:

- _____ Cloverbud 5-6 Achievement Award
- _____ Cloverbud 7-8 Achievement Award
- _____ Green Clover Achievement Award
- _____ Bronze Achievement Award
- _____ Silver Achievement Award
- _____ Gold Achievement Award
- _____ Achievement Medal

The Certificates may be obtained from the State 4-H office for the Green, Bronze, Silver and Gold Achievement Awards. The Achievement Medal can be ordered from National 4-H Supply by the county.

5-6 Year Old Cloverbud Achievement Award

To be eligible you must do Requirements 1- 3 and 2 optional activities.

| Planned | Date Completed | |
|---------|----------------|---|
| _____ | _____ | 1. Attend at least 3/4th of the scheduled 4-H meetings. |
| _____ | _____ | 2. Have a planning meeting with your 4-H Leader. |
| _____ | _____ | 3. Learn and lead the 4-H Pledge. |

| Planned | Date Completed | Optional Activities |
|---------|----------------|---|
| _____ | _____ | 4. With your family's help, complete a Curriculum Book for ages 5-6. Book _____ |
| _____ | _____ | 5. Learn and lead the 4-H motto. |
| _____ | _____ | 6. Make a collage or draw a picture to show what you've learned in 4-H and bring to club meeting. |
| _____ | _____ | 7. "Show and Tell" about something you've learned in 4-H with your family. |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Cloverbud Ruby Achievement Award.

4-H Leader's Signature _____ Date _____

7-8 Year Old Cloverbud Achievement Award

To be eligible you must do Requirements 1- 4 and 3 optional activities.

| Planned | Date Completed | |
|---------|----------------|--|
| _____ | _____ | 1. Attend at least 3/4th of the scheduled 4-H meetings. |
| _____ | _____ | 2. Participate in at least 1 county 4-H event. Event _____ |
| _____ | _____ | 3. Learn and lead the 4-H Pledge. |
| _____ | _____ | 4. Have a planning meeting with your 4-H Leader. |

| Planned | Date Completed | Optional Activities |
|---------|----------------|--|
| _____ | _____ | 5. With your family's help, complete a Curriculum Book for ages 7-8. Book _____ |
| _____ | _____ | 6. Lead the American Pledge at a 4-H meeting. |
| _____ | _____ | 7. Create a craft item that shows what you like about 4-H and bring to a club meeting. |
| _____ | _____ | 8. "Show and Tell" about something you've learned in 4-H with your family. |
| _____ | _____ | 9. Participate in one community service project. List _____ |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Cloverbud Sapphire Achievement Award.

4-H Leader's Signature _____ Date _____

Green Clover Achievement Award (For ages 9-18)

To be eligible you must do Requirements 1- 4 and 4 optional activities.

| Planned | Date Completed | |
|---------|----------------|--|
| _____ | _____ | 1. Attend at least 3/4th of the scheduled 4-H meetings |
| _____ | _____ | 2. Complete and turn in at least one project record book to your 4-H leader. Project _____ |
| _____ | _____ | 3. Participate in at least 1 county 4-H event. Event _____ |
| _____ | _____ | 4. Have a planning meeting with your 4-H Leader. |

| Planned | Completed | Optional Activities |
|---------|-----------|--|
| _____ | _____ | 5. Have a parent or other adult to attend at least two club or group meetings. |
| _____ | _____ | 6. Learn what county and 4-H district you are in: _____. |
| _____ | _____ | 7. Exhibit at least one 4-H project. What exhibited? _____ Where? _____ |
| _____ | _____ | 8. Give a talk about your 4-H project before a group. Topic: _____ Where? _____ |
| _____ | _____ | 9. Participate in one community service project. List _____ |
| _____ | _____ | 10. Attend 4-H District Activity Day. |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Green Clover Achievement Award.

4-H Leader's Signature _____ Date _____

Bronze Achievement Award (For ages 9-18)

**You must have already received the Green Clover Achievement Award.
To be eligible you must do Requirements 1- 5 and 5 optional activities.**

| Planned | Date Completed | |
|----------------------------|----------------|--|
| _____ | _____ | 1. Attend at least 3/4th of the scheduled 4-H meetings |
| _____ | _____ | 2. Complete and turn in at least two project record books to 4-H Club leader. Books _____ |
| _____ | _____ | 3. Give Presentation or talk at 4-H meeting. Topic: _____ |
| _____ | _____ | 4. Participate in at least one community service project. Project: _____ |
| _____ | _____ | 5. Have a planning meeting with your 4-H Leader. |
| Optional Activities | | |
| _____ | _____ | 6. Work on a committee in your club or county. List: _____ |
| _____ | _____ | 7. Attend County Achievement Program. |
| _____ | _____ | 8. Participate in a county, district, or state contest (speaking, talent, judging, shows). Type: _____ |
| _____ | _____ | 9. Participate in another countywide activity. List _____ |
| _____ | _____ | 10. Be on a program at a local club meeting (ex: Lions, Ruritans). Date _____ |
| _____ | _____ | 11. Self Determined goal; approved by 4-H Club Leader. Explain _____ |
| _____ | _____ | 12. Participate in North Carolina 4-H Congress. |
| _____ | _____ | 13. Exhibit at least one 4-H project. What exhibited? _____ Where? _____ |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Bronze Achievement Award.

4-H Leader's Signature _____ Date _____

Silver Achievement Award (For ages 9-18)

You must have already received the Green Clover and Bronze Achievement Awards.

To be eligible you must do Requirements 1- 7 and 8 optional activities.

| Planned | Date Completed | |
|---------|----------------|---|
| _____ | _____ | 1. Attend at least 3/4th of the scheduled 4-H meetings |
| _____ | _____ | 2. Complete and turn in at least three project record books to 4-H Club leader. Books _____ |
| _____ | _____ | 3. Give Presentation or talk at 4-H meeting. Topic: _____ |
| _____ | _____ | 4. Participate in at least two community service projects. Projects: _____ |
| _____ | _____ | 5. Work on a committee in your club or county. List: _____ |
| _____ | _____ | 6. Attend at least one County Council Meeting. Date _____ |
| _____ | _____ | 7. Have a planning meeting with your 4-H Leader. |

| Planned | Completed | Optional Activities |
|---------|-----------|---|
| _____ | _____ | 8. Attend County Achievement Program. |
| _____ | _____ | 9. Assist with County 4-H Camps if possible. List: _____ |
| _____ | _____ | 10. Participate in a county 4-H Entertains. Act: _____ |
| _____ | _____ | 11. Give a Presentation at County 4-H Activity Day. List _____ |
| _____ | _____ | 12. Participate in a District Retreat. Date: _____ |
| _____ | _____ | 13. Give a 4-H talk or presentation at a local club meeting (ex: Lions, Ruritans). Date _____ |
| _____ | _____ | 14. Give a speech at 4-H Meeting/Activity Contest. Title: _____ |
| _____ | _____ | 15. Serve as a Club Officer. Office: _____ |

- | | | |
|-------|-------|--|
| _____ | _____ | 16. Self Determined goal; approved by 4-H Club Leader. Explain _____ |
| _____ | _____ | 17. Participate in North Carolina 4-H Congress. |
| _____ | _____ | 18. Exhibit at least one 4-H project. What exhibited? _____ Where? _____. |
| _____ | _____ | 19. Participate in district or state 4-H Activity. What: _____ |
| _____ | _____ | 20. Recruit one young person for your club. Name _____ |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Silver Achievement Award.

4-H Leader's Signature _____ Date _____

Gold Achievement Award (For ages 9-18)

You must have already received the Green Clover, Bronze and Silver Achievement Awards.

To be eligible you must do Requirements 1- 7 and 10 optional activities.

| Planned | Date Completed | |
|---------|----------------|---|
| _____ | _____ | 1. Serve as Junior/Teen Leader in County Event or Activity or at your club. List: _____ |
| _____ | _____ | 2. Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books: _____ |
| _____ | _____ | 4. Give Presentation or talk at 4-H meeting or other group. Topic: _____ |
| _____ | _____ | 4. Participate in at least two community service projects. Projects: _____ |
| _____ | _____ | 5. Serve as a chairman of a committee in your club or county. List: _____ |
| _____ | _____ | 6. Attend at least one County Council Meeting. Date _____ |
| _____ | _____ | 7. Have a planning meeting with your 4-H Leader. |

| Planned | Completed | Optional Activities |
|---------|-----------|---|
| _____ | _____ | 8. Serve as a Leader in Training (LIT) at a State 4-H Camp. |
| _____ | _____ | 9. Volunteer at a community agency. # Hours: _____ |
| _____ | _____ | 10. Participate in a county 4-H Entertains. Act: _____ |
| _____ | _____ | 11. Publish a news article related to 4-H. |
| _____ | _____ | 12. Participate in District Retreat. Date: _____ |
| _____ | _____ | 13. Give a 4-H talk or presentation at a local club meeting (ex: Lions, Ruritans). Date _____ |
| _____ | _____ | 14. Give a speech at 4-H Meeting/Activity Contest. Title: _____ |

- ____ ____ 15. Serve as a County Council Officer and attend 2/3 of the meetings.
Office: _____
- ____ ____ 16. Self Determined goal; approved by 4-H Club Leader.
Explain _____
- ____ ____ 17. Plan and carry out an individual community service project.
Explain: _____
- ____ ____ 18. Exhibit at least one 4-H project. What exhibited?
_____ Where? _____.
- ____ ____ 19. Attend NC Citizenship Focus.
- ____ ____ 20. Assist other 4-H'ers with a project. List: _____
- ____ ____ 21. Participate in the Application, Resume & Interview process.
- ____ ____ 22. Attended National 4-H Congress. Date: _____
- ____ ____ 23. Attended National 4-H Conference. Date: _____
- ____ ____ 24. Participate as a delegate in a 4-H Exchange Trip with
another county or state or serve as a host to a 4-H
delegate from another county or state.
- ____ ____ 25. Assist in organizing a new 4-H club. Explain your part in
planning for and helping with the organization of
the club. _____

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Gold Achievement Award.

4-H Leader's Signature _____ Date _____

Achievement Medal (For ages 13-18)

You must have already received the Green Clover, Bronze, Silver, and Gold Achievement Awards. The Achievement Medal is a special award for outstanding older 4-H'ers.

To be eligible you must:

| Planned | Date Completed | |
|---------|----------------|--|
| _____ | _____ | 1. Meet Guidelines 1-7 for the Gold Achievement Award (must be repeated). |
| _____ | _____ | 2. Complete 20 optional activities. These can be selected From activities in the silver or gold achievement Awards. Items # 22 & 23 may not be repeated. The same type of events may not be repeated twice. (Example: Silver #10 and Gold #10) |

Required activities:

| Planned | Date Completed | |
|---------|----------------|---|
| _____ | _____ | 1. Serve as Junior/Teen Leader in County Event or Activity or at your club. List: _____ |
| _____ | _____ | 2. Complete and turn in at least three project record books or one Cumulative Record to 4-H Club leader. Books: _____ |
| _____ | _____ | 5. Give Presentation or talk at 4-H meeting or other group. Topic: _____ |
| _____ | _____ | 4. Participate in at least two community service projects. Projects: _____ |
| _____ | _____ | 5. Serve as a chairman of a committee in your club or county. List: _____ |
| _____ | _____ | 6. Attend at least one County Council Meeting. Date _____ |
| _____ | _____ | 7. Have a planning meeting with your 4-H Leader. |

Silver Optional Activities

Gold Optional Activities

| Planned | Date Completed | Activity | Planned | Date Completed | Activity |
|----------------|-----------------------|-----------------|----------------|-----------------------|-----------------|
| _____ | _____ | 8. _____ | _____ | _____ | 8. _____ |
| _____ | _____ | 9. _____ | _____ | _____ | 9. _____ |
| _____ | _____ | 10. _____ | _____ | _____ | 10. _____ |
| _____ | _____ | 11. _____ | _____ | _____ | 11. _____ |
| _____ | _____ | 12. _____ | _____ | _____ | 12. _____ |
| _____ | _____ | 13. _____ | _____ | _____ | 13. _____ |
| _____ | _____ | 14. _____ | _____ | _____ | 14. _____ |
| _____ | _____ | 15. _____ | _____ | _____ | 15. _____ |
| _____ | _____ | 16. _____ | _____ | _____ | 16. _____ |
| _____ | _____ | 17. _____ | _____ | _____ | 17. _____ |
| _____ | _____ | 18. _____ | _____ | _____ | 18. _____ |
| _____ | _____ | 19. _____ | _____ | _____ | 19. _____ |
| _____ | _____ | 20. _____ | _____ | _____ | 20. _____ |
| | | | _____ | _____ | 21. _____ |
| | | | _____ | _____ | 22. _____ |
| | | | _____ | _____ | 23. _____ |
| | | | _____ | _____ | 24. _____ |
| | | | _____ | _____ | 25. _____ |

Upon completing requirements for this Level, sign your name below, have your parent/guardian sign, and give the total achievement plan to your club or group leader.

Your Signature _____ Date _____

Parent or Guardian Signature _____

I have evaluated and approved this application for the Achievement Medal.

4-H Leader's Signature _____ Date _____

Agent's Signature _____ Date _____