

Orange County 4-H September Update

"Making the Best Better"

Visit go.ncsu.edu/OrangeCounty4H



Celebrate Orange County at LocalFest September 29

Orange County will host LocalFest September 29 at Blackwood Farm Park. The event will be held from 10 A.M. to 6:00 P.M. and feature local foods, crafts, games, music, and more! Admission is FREE! Join us for a fun day to celebrate where you live!

[Click here](#) for more information.

Interested in volunteering? [Click here](#)



State Fair 4-H Opportunities

4-H is pleased to offer member competitions in the categories of crafts, photography and entomology, at the NC State Fair October 11-21. The state deadline for entry into these competitions is September 15. [Visit this link](#) to learn more and to access entry forms.

Many 4-Hers will also be participating in livestock shows at the fair this year. We wish them the best of luck! For more information on the livestock shows, [visit this page](#).

**Project Record Book Workshop for
Orange 4-H Youth**



We will be hosting a workshop for youth interested in project record books on **Thursday, September 27**. This awards program is for youth that are between the ages of 9 and 18. Our 4-H Agent will discuss each component of the application, tips for making it competitive, and answer any questions you may have. This workshop is FREE. [Click here](#) to pre-register.



Bike the Virginia Creeper Trail with the 4-H Outdoor Adventure Club

The Outdoor Adventure Club invites 4-H members to bike the Virginia Creeper Trail October 19-21. Participants will be biking and camping during this fun weekend. The estimated cost will be \$90.40 per person not including food. For more information on the trip, contact club leader Jennifer Freeland at 4horangecountyoc@gmail.com. This event is open to any Orange County 4-H member.

Attention Class of 2019

The Farm Credit Associations of NC's AgYouth Leadership Program will honor students who excel in the classroom and community as leaders in their FFA chapters and 4-H clubs. Any senior student in good standing with his/her FFA or 4-H program and in good standing with the high school is eligible to apply and be selected for the AgYouth Leadership award. **Apply by September 15.**



[Learn more »](#)



ACEs 101: An Introduction to Adverse Childhood Experiences

September 20 1:00-3:00 P.M.
Orange County West Campus
131 West Margaret Lane, Hillsborough, NC

Adverse experiences in childhood often lead to negative outcomes in adulthood. The more resilient children are,

the more likely they will deal with negative situations in a healthy way so they won't have prolonged and unfavorable outcomes. Resilience is the answer!

This workshop brought to you by NC State University and NC Cooperative Extension will help parents, volunteers, school staff, and other youth development specialists, increase their understanding of the link between adverse childhood experiences and health, which put children at greater risk for a disease, adult homelessness, prison time and early death. The research-based documentary *Resilience* will be shown as part of this workshop.

For more details and to register, visit <http://tiny.cc/Extension-ACES> or call Orange County Cooperative Extension at 919-245-2050 or 2055.



Represent Orange County 4-H With Our New Shirt

Orange County is pleased to offer a new shirt for 4-H members, parents, and community supporters! Shirts are navy, \$11 each (larger sizes are a bit more), and can be personalized for an additional charge. [Click here](#) to access the order form.

Dates On the Horizon |

SEPT
12

4-H County Council Meeting

Orange County CES
6:00-8:00 P.M

For county officers and club representatives

SEPT
14-15

Hillsborough Hog Day

[Click here](#) for details

SEPT
15

NC State Fair Online Registration Deadline for 4-H Crafts, Photography, and Entomology Contests

SEPT
20

Adverse Childhood Experiences (ACEs) Workshop

[Click here](#) for details

[Click here](#) for details

SEPT
27

**Orange County 4-H
Project Record
Books Workshop**

6:30 P.M.
Orange CES Food Lab
[Register Here](#)

SEPT
29

**Orange County
LocalFest**

[Click here](#) for details



SAVE THE DATE

Please stop by Tractor Supply Company in Hillsborough October 3-14 to make a donation to Orange County 4-H at check out. County 4-H clubs will be on hand at various times throughout the campaign to share information about their programming and projects.



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.