

Orange County 4-H August Update

"To Make the Best Better"

Visit go.ncsu.edu/OrangeCounty4H

Orange County 4-H Will Be Here For You This Fall



Hey 4-Hers! The fall semester is rapidly approaching and we know that lots of decisions are still being made in regards to the school year. This can be super stressful but we want you to know that 4-H is still here to serve you during this time. To keep you engaged in 4-H and learning at home with us, we are working on some fun virtual and take-home activities to supplement what you will be learning in school throughout the year. Be looking for more information to be released later this month!

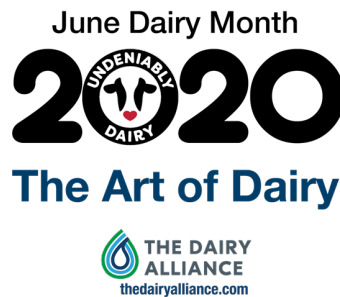


As of today, we continue to wait for direction from the state and county as to when we can resume in-person 4-H events. Your 4-H club volunteers are eager to reconnect and host activities for you but we must continue to wait for Governor Cooper to move our state to Phase 3 of reopening before we can consider hosting in-person 4-H events.

One exception at this time is youth livestock shows. Our NC 4-H leaders have given approval for 4-H circuit shows and other youth livestock shows to take place this fall. Contact the respective coordinators of these shows for more information on the status and rules for this year.

We will continue to use our social media accounts (see links at the bottom of this newsletter) as well as our Google Site (go.ncsu.edu/OrangeCounty4H) to promote all of our offerings. Check these sources regularly so you do not miss anything we have to offer.

If you have any questions, contact Jonathon Smith at 919-245-2057 or jonathon_smith@ncsu.edu. Stay safe and stay healthy this fall!



"Art of Dairy" Photo Contest

The Dairy Photo Contest allows youth to put their creative talents to use in developing a message about the dairy industry for the consumer public. In design and development of the project, youth learn a great deal about the dairy industry. The contest is also supported by The Dairy Alliance and incorporates their current June dairy theme.

With a change in theme this year comes a change in the contest. Instead of posters, this year participants will submit their original photographs (or other artwork) that incorporate a new theme and logo. The theme for the 2020 Dairy Photo Contest is "The Art of Dairy". Youth should incorporate this theme and logo into their photos (or other artwork).

[Click here](#) for the rules and guidelines. Orange County 4-H members should submit their photos and forms to Jonathon Smith (jonathon_smith@ncsu.edu) **by August 15.**



Orange County 4-H Launches "4-H Teen Talk" Podcast

Orange County 4-H is launching our newest initiative for teens, the "4-H Teen Talk" podcast. 4-H staff will be discussing hot topics impacting teens today such as relationships, mental health, leadership, and ways to serve your community. We hope to involve local teens and local experts in the conversation in the

future.

Episodes will be released monthly. [Click here](#) to listen to the first episode entitled "What is 4-H?". The August episode will be all about mental health and our top strategies for coping with mental health challenges faced by so many teens. This podcast is for YOU so stay tuned and share this with your friends! We'd also love to hear from you and to learn what topics you want to hear more about.



**ORANGE & PERSON COUNTY 4-H
NC COOPERATIVE EXTENSION PRESENTS**

4-H STEM WITH JONATHON & MICHELLE

STEM activities that you can do at home!

**VISIT [HTTP://GO.NCSU.EDU/ORANGECOUNTY4H](http://go.ncsu.edu/orangecounty4h)
AND CLICK ON THE VIDEOS TAB**

**Tag us on our social media platforms to
show us your results!**

Orange County 4-H:
www.facebook.com/4horangenc
Person County 4-H:
www.facebook.com/personcounty4h

"NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, NC A&T, U.S. Department of Agriculture, and local governments cooperating."

NC 4-H Virtual Summer Programs



Keep your youth engaged all summer long! Registration ends August 15.

Click on the individual title for more information.

[Back to the Basics](#) - This virtual learning series will bring back some of the family and consumer sciences skills that many youth have lost touch with from sewing, cooking, table etiquette, baking, and financial management.

[Plant Geeks Unite](#) - Join us for a virtual, summer, North Carolina 4-H Plant Science Adventure! In this self-guided exploration for 8-12 year-olds, we will dig into soils, marvel and grow plants with wild abandon and say hello to creeping, crawling, diving, and flying friends and so much more.

[STEM](#) - These programs are specialized for ages 5-7, 8-10, 11-14, and 13-18. Youth learn STEM from their kitchen to their backyard and everywhere in between.

[Log on to Leadership](#) - Leadership requires a set of skills that allow a person to influence others in a positive way to achieve great things. 4-H members will have the opportunity to develop their time management, goal setting, conflict management, and public speaking skills so they can be better for their clubs, communities, country, and world!

[Down on the Farm](#) - A fun learning experience to allow youth to learn about animals even if you aren't raised on a farm. Youth will learn about where their food and byproducts come from. Youth will learn also about the companion animals that you can find in houses that aren't on the farm.

[Explore Outdoors](#) - Explore Outdoors is a fun way to learn about the environment right in your own nature patch - farm, suburbs, or city - it all counts! You can meet scientists and add your discoveries to a real environmental science database!

[4-H Healthy Habits Family](#) - This program encourages families to get involved in learning together! 4-H Healthy Habits Family is designed to guide a caregiver and their elementary-aged youth through fun and engaging garden-based activities.



We Need YOU to Be a 4-H Volunteer!

Orange County 4-H is growing my leaps and bounds and continues to grow thanks to the wonderful leadership of our local volunteers. We need more volunteers to help us develop the next generation of young leaders and make an even greater impact on our county!

If you are passionate about youth development, we are recruiting volunteers to serve in the following capacities:

- Starting and Leading a New 4-H Club In Your Community
- Club Leaders/Assistant Leaders for Current Clubs
- Coaches for 4-H Teams (livestock contests, environmental science contests, public speaking, etc.)
- Special Event Volunteers
- Advisory Council Members

Volunteers are provided training by the 4-H Agent to assist them in their roles. They also have the opportunity to attend district and state conferences to develop their 4-H knowledge and skills. Volunteer applicants are interviewed by the 4-H Agent and must pass a background check. If you are interested in volunteering, please email Jonathon Smith at jonathon_smith@ncsu.edu. We would love to hear from you.

4-H Inspire Kids to Do Activity Guide

Looking for some easy ways to keep your kids engaged and learning at home? Check out the *4-H Inspire Kids To Do Activity Guide* to find 60 hands-on learning activity ideas! Download now by [clicking here](#).

4-H Inspire Kids to Do Activity Guide



Scholarships & More |

College Foundation of North Carolina- A great resource for locating grants and scholarships. Eligibility, award amounts and deadlines, vary. [Click here.](#)

Does your organization award scholarships? Would you like to promote these opportunities to Orange County 4-H members? Send an email to Jonathon Smith at jonathon_smith@ncsu.edu with details. We will be glad to share with our graduating seniors.

Dates On the Horizon |

AUG
15

"Art of Dairy" Poster Contest Entries DUE

Submit your photos and forms to jonathon_smith@ncsu.edu by today.



Follow us on **twitter**



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over

247,000 young people grow into active, contributing citizens each year.

NC State University and N.C. A&T State University are collectively committed to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, gender identity, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating.