

Orange County 4-H April Update

"To Make the Best Better"

Visit go.ncsu.edu/OrangeCounty4H

**WHY KIDS NEED 4-H CAMP NOW
MORE THAN EVER!**
WWW.NC4HCAMPS.ORG
TO ENROLL, CONTACT YOUR LOCAL COUNTY 4-H AGENT



4-H CAMP PROMOTES PHYSICAL HEALTH
Combined with activities like swimming, dancing, horseback riding, hiking and more, youth learn how to enjoy physical activity.



4-H CAMP TEACHES INDEPENDENCE
Children are encouraged to push their boundaries, step out of their comfort zones and grow the self-confidence necessary to become independent.



4-H CAMP CULTIVATES A SENSE OF BELONGING
4-H Camp gives young people the opportunity to be themselves while appreciating others with values, attitudes and abilities different from their own.



4-H CAMP BUILDS AFFINITY FOR NATURE
Far from the digital screens at home, 4-H campers are fully immersed in the natural world.



4-H CAMP TEACHES RESPONSIBILITY
For many, 4-H Camp is a first experience cleaning a cabin or setting a table. It may also be the first time campers work with others to overcome challenges.



Spots Still Available for 4-H Residential Camp July 25-30

Open to youth ages 8-14

Cost: \$240* (\$50 Deposit DUE To Reserve Your Child's Spot)

Orange County 4-H will be taking a group of 10 students to residential camp this year at Betsy-Jeff Penn 4-H Educational Center. Over the course of the week, students will participate in arts & crafts, STEM programs, fishing, swimming, rock climbing, and so much more! Housing and food are included in the registration fee.

NC 4-H Camps & Conference Centers are aware of COVID-19 and are working diligently to apply best practices from across the nation to protect campers and staff this summer.

To reserve a spot for your child, please e-mail Jonathon Smith at jonathon_smith@ncsu.edu with your child's name and age. Only 10 spots are available so act fast before we fill up.



For more information about this camp, visit <https://www.bjpenn4h.org/>. However, to receive the Orange County rate, please book through us (see e-mail above).

*Additional need-based scholarships are available. If you would like to apply for one, please let us know when you submit your camper RSVP.

This camp is sponsored by the Piedmont Electric Membership Corporation's Helping Hand Foundation.



HOW WE'RE KEEPING YOUR KIDS SAFE AT CAMP!

- Our three North Carolina 4-H Camps & Centers maintain accreditation from the American Camp Association (ACA). The ACA collaborated with an expert panel of specialists in pediatric medicine, camp medicine and nursing, epidemiology, infectious disease management, biological safety, industrial hygiene, organizational design and other technical specialists to produce the Field Guide for Camps on Implementation of CDC Guidance to assist in running safe and effective programs in the time of COVID-19. We are utilizing the Field Guide and are developing:
-  A pre-screening protocol for campers & staff before & during arrival
 -  A process of daily health checks of all campers & staff once camp starts
 -  PPE protocols for campers & staff in accordance with CDC guidelines
 -  Modifications to programming & activities to ensure social distancing measures & safety protocols
 -  A re-designed camper experience utilizing "cohorting" - keeping campers in consistent, small groups to limit exposure to others
 -  Schedule modifications to allow additional time for safe hand washing practices before & after meals, activities, etc.
 -  Modifications to dining hall procedures to ensure safety before, during & after mealtimes
 -  Cleaning & disinfecting protocols in accordance with CDC guidelines, with the addition of new hand sanitizing stations around camp
- North Carolina Cooperative Extension is an equal opportunity provider.



75th Central Piedmont Jr. Livestock Show to be Held April 13-14

We would like to wish all Orange County 4-H livestock exhibitors "Good Luck" as they compete at the Central Piedmont Jr. Livestock Show April 13-14 in Hillsborough.

Not exhibiting but still want to watch the show? Visit

go.ncsu.edu/piedmontlivestockshow for links to the livestream on the show dates.



Orange County 4-H COVID-19 Youth Service Award

All over the world, youth are stepping up to address the COVID-19 pandemic. Some are volunteering to deliver groceries to the elderly, some are making masks for those in need, some are creating public issue campaigns to raise awareness of the virus, some are writing thank you notes to frontline workers, and so much more!

Our anonymous donor wishes to recognize one or a team of 4-H members in Orange County in grades 7-12 who are going above and beyond with a 4-H COVID-19 pandemic-related service project. The recipient of this award will receive a \$100.00 scholarship to support attendance at any 4-H camp or conference they wish to attend (ex. Citizenship Focus, NC 4-H Congress, Healthy Living Summits, NC 4-H Residential Camps, etc.).

4-Hers may enter as an individual or work in teams of 2-3 to plan and implement a project provided they use appropriate social distancing measures which should be documented on the application.

4-H members should apply by completing the form at the link below and then submitting 3-5 photos of their project to 4-H Agent Jonathon Smith at jonathon_smith@ncsu.edu.

DEADLINE EXTENDED TO JUNE 1. Applicants must be enrolled in 4-H Online with Orange County.

[Click Here to Learn More and to Apply](#)



4-H Presentations Contest Workshop

Participating in the **4-H Presentations** contest is a great way to develop your public speaking skills while sharing your passion with others on topics such as cooking, cars, animals, and so much more! 4-H members and staff will share information on the 4-H Presentations competition and also provide some tips to help you achieve success this spring. The workshop will take place from **5:00 to 6:00 P.M. on Monday, April 19.**

To register, simply log into your 4-H Online account, scroll down to the bottom of your screen or click on the Events tab, and click to register for this event. A Zoom link will be sent to you prior to the workshop.



4-H Teen Talk Episode 8: Six Tips for a Favorable Financial Future

The COVID-19 pandemic has challenged youth and their families financially over the past year. In Episode 8, Sarah and Jonathon explore the differences between needs and wants, how advertising impacts purchasing, how to track income and expenses, types of financial institutions, and more!

Listen on SoundCloud, Apple Podcasts, iHeartRadio, or Spotify.

HORTICULTURAL SCIENCE SUMMER INSTITUTE

Join us for a virtual, hands-on horticulture experience for high school students!

Register Now: go.ncsu.edu/hssi



June 21-24, 2021
\$35 Registration



NC STATE
EXTENSION



Orange County Provides Virtual "Farm to Table" Platform for 4th Grade Youth

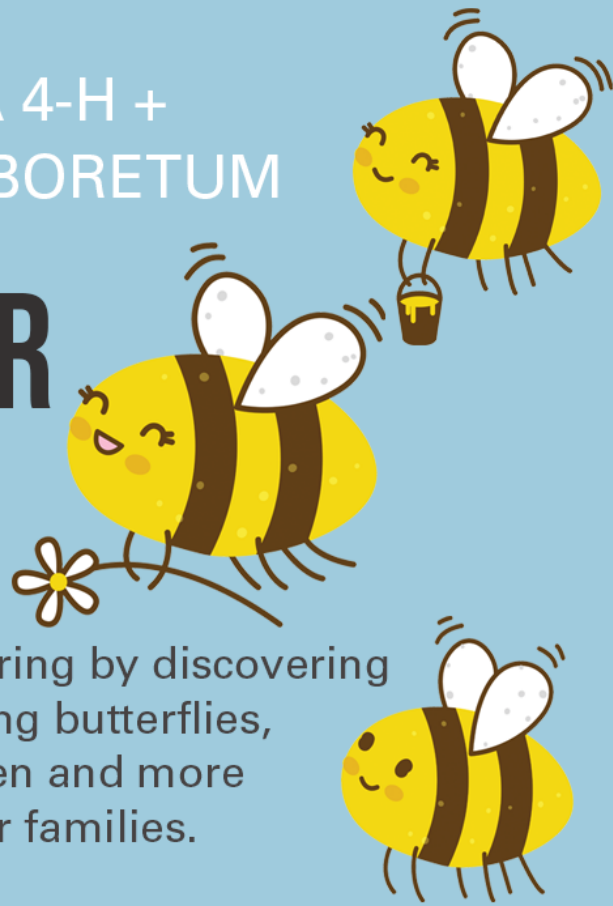
Orange County and Person County have partnered to create an interactive, virtual Farm to Table program for 4th grade students. This work at your own pace virtual program includes topics ranging from agricultural history to dairy. Each content tab comes with a 5-10 minute video, worksheets or other activities such as Kahoots, recipes/nutritional information if applicable, and a quiz that can be copied and administered to check for comprehension. We have done our best to capture footage of local farms and businesses in Orange County to help students see the connections between where they live and the agriculture around them.

Farm To Table is aligned with **4th Grade Essential Standards 4.G.1 and 4.L.2** though you may find that this program supplements other learning objectives.

Public schools have been provided a link to this website already but we would like to extend this program to homeschool students as well. If you would like more information and a link to the website, have a parent contract Jonathon Smith at jonathon_smith@ncsu.edu.

NORTH CAROLINA 4-H +
JC RAULSTON ARBORETUM

POLLINATOR GROW BOX



Celebrate the arrival of spring by discovering pollinators including raising butterflies, creating a pollinator garden and more with this April program for families.

REGISTER NOW: go.ncsu.edu/growboxsignup

Scholarships & More

College Foundation of North Carolina- A great resource for locating grants and scholarships. Eligibility, award amounts and deadlines, vary. [**Click here**](#)

Does your organization award scholarships? Would you like to promote these opportunities to Orange County 4-H members? Send an email to Jonathon Smith at jonathon_smith@ncsu.edu with details. We will be glad to share with our graduating seniors.

[Read more 4-H youth development news »](#)



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.