

# Planting Guide for Spring Vegetables

<b>Vegetable</b>	<b>Days to Harvest</b>	<b>Plant Distance</b>	<b>Seed Depth</b>	<b>1-Jan</b>	<b>15-Jan</b>	<b>1-Feb</b>	<b>15-Feb</b>	<b>1-Mar</b>	<b>15-Mar</b>	<b>1-Apr</b>	<b>15-Apr</b>	<b>1-May</b>	<b>15-May</b>	<b>1-Jun</b>	<b>15-Jun</b>
Arugula	40-50	6-9"	1/4"			S	S	S	S						
Asparagus	2 years	18"	12"	C	C	C	C	C	C						
Beets	55-60	2"	1/2"					S	S	S					
Broccoli	70-80	18"	1/4"				T	T	T	T					
Cabbage	63-75	12"	1/4"			T	T	T	T	T					
Carrots	75-80	2"	1/4"			S	S	S	S						
Cauliflower	55-65	18"	1/4"				S,T	S,T	S,T	S,T					
Chard, Swiss	60-70	6"	1/4"					S,T	S,T	S,T	S,T				
Collard Greens	60-100	18"	1/4"				T	T	T	T	T	T	T	T	T
Kale	40-50	6"	1/4"				S,T	S,T	S,T	S,T	S,T	S,T	S,T	S,T	S,T
Lettuce, Head	70-85	10"	1/8"			S	S	S	T	T	T				
Lettuce, Leaf	40-50	6"	1/8"			S,T	S,T	S,T	S,T	S,T	S,T				
Onions, bulb	60-80	4"	1/2"	S	S	S	S	S,B	S,B						
Onions, green	60-70	1-2"	1/2"			S	S	S,T	S,T						
Parsley	75	9-12"	1/4"				S,T	S,T	S,T	S,T					
Peas, Trellis	54-72	2-3"	1"	S	S	S	S	S	S	S					
Potatoes, Irish	95-120	10"	6"				Tu	Tu	Tu						
Radish	20-25	1"	1/2"			S	S	S	S	S	S	S	S	S	S
Spinach	50-60	6"	1/2"				S	S	S	S	S	S	S	S	S
Turnips	55-60	2"	1/4"			S	S	S	S	S	S	S	S	S	S

<b>Key</b>
S=Seed
T=Transplants
C=Crowns

Excerpt from Central NC Planting Calendar for Annual Vegetables, Fruits, and Herbs, NC State University, Cooperative Extension